

When They Won't Transition — What To Say

4 seconds, calm voice, same words every time.

1

PAUSE

(not panic)



1 MIN

"I see it's hard to
stop.
We are finishing in 1
minute."

2

FIRST-THEN

(not choice overload)



"First shoes, then car.
First shoes, then car."

3

DONE + PRAISE THE WIN



"You did it. Shoes
on.
We are going."

Same words. Same order. Every time. That's how predictability builds.